

This climbing route gives you ample time to trek the trails of Mt Kenya through a scenic route. It also allows your body enough time to acclimatize and hence great chance to summit to the Lenana Peak. After the descent to the last bandas on the trail i.e Met Station your body is treated to a restful night at the bandas with a hot shower from the traditionally boiler water. When you return to Nairobi, your body will have rested well and adjusted to your new found and unlocked potential.

Day 1: Nairobi – Chogoria Gate (2950m asl) – Lake Ellis 3300m asl)

Our representative will pick you from your residence in Nairobi preferably at central point for all the participants and transfer you to Chogoria Gate (2950m asl) for game formalities. The ride is approximately a 5hrs drive through the central highlands of Kenyan farms. We will have Lunch before we begin our 2hrs acclimatization hike up to the beautiful Lake Ellis Camp at an elevation of 3,300m asl

Dinner and overnight at **Lake Ellis Camp**







Daily Milk Production per Cow by Herd and Year



Descending from Point Hassan, Bagmati Station, 3000m asl, hikers enjoying the day.



Day 1: Chogoria to Naromoru. The route is well marked and the easy going down to the valley are

